

2livesimple recipe

CARROT CAKE

Simple way of making a delicious carrot cake



WINTER RECIPE

by Natalia Huyen Nguyen

INGREDIENTS

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1 & 1/2 cup of wheat flour
2 teaspoons of baking powder
1 teaspoon baking soda
1 teaspoon of ground cinnamon
1 teaspoon of ground mix of cardamom and cloves
220 ml rapeseed or sunflower oil
1/2 cup of fine brown sugar or honey
2 teaspoons of fine sugar for baking (depends on how sweet you want)
1 teaspoon vanilla extract
4 large eggs
3 middle size carrots, grated, large mesh
100 g of mix raisin and coconut flakes
pinch of salt

DIRECTIONS

All ingredients should be at room temperature.

Place the oil, both sugars and vanilla extract in a larger bowl. Mix with an electrical mixer or whisk until the ingredients combined well. Add eggs one by one, stirring until the ingredients combined after each addition. Sift wheat flour, baking powder, baking soda and ground cinnamon, cardamom directly into the mixed ingredients. In a large mixing bowl, whisk together. Add grated carrot and coconut flakes, raisin, then mix them all.

Transfer the dough to a baking tin 7 x 27 cm

Bake at 170°C for 30-35 minutes or until the tops of the cakes are set and a toothpick inserted into the center of each one comes out clean. Take it out, let it cool down.

PHILADELPHIA CHEESE TOPPING

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300 g Philadelphia cheese at room temperature

90 g butter, at room temperature

1/4 cup vanilla sugar

2-3 tablespoons of liquid honey

1 -2 teaspoons of orange juice

DIRECTIONS

In a large mixing bowl using a hand-held mixer, beat the cream cheese until smooth. Add the butter and mix for about 30 seconds-1 minute until well combined and smooth. Add in the vanilla sugar, honey, orange juice and continue mixing until fully combined, scraping down the sides of the bowl as needed.





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mogła znieść ich miętowego lakieru. Działa zdecydowanie i cza-
e przedmioty, ale daje im drugie życie. To naturalne, że prze-
ają, że **dom cały czas ewoluuje. Projekt wnętrza to zawsze**
eszcze się nie wykluty. Zabytkowe, indyjskie drzwi czekają
w szklaną ściankę i zamknie hol. Ale to nie będzie koniec. ■